

Teach Us to Pray

Pray First. (1 Thessalonians 5:16-18)

Prayer should be our first response, not our last resort.

(2 Chronicles 7:13-14)

Teach Us to Pray. (Luke 11:1, Matthew 6:9-13)

1. “Our Father in heaven.” Connect with God relationally.
(Romans 8:15 NLT)

God loves for us to come to Him in this way—as His children who love Him and want to spend time with Him. Proclaim your personal relationship with God, addressing Him as your loving Father and thanking Him that you are His child.

2. “Hallowed be Your Name.” Worship His Name.
(Proverbs 18:10 HCSB)

There is power in God's name. Here is a list of some of His names to help us worship Him specifically and personally:

- God is Righteousness—He makes me clean
- God is Sanctifier—He has called me and set me apart
- God is Healer—He heals all my diseases
- God is Banner of Victory—He defeated my enemies
- God is Shepherd—He speaks to me and leads me
- God is Peace—He is my peace in every storm
- God is Provider—He supplies all of my needs

3. “Your Kingdom come Your will be done on earth as it is in heaven.” Pray His agenda first.

(Matthew 6:33, Luke 12:31 TLB)

Spend time focusing on what God is focused on. His priorities include:

- The whole world to know Jesus
- Blessing for those in authority—parental, spiritual, governmental, work-related, school
- Caring for the poor
- The Church around the world
- Freedom for those in bondage
- Accomplishing His purpose in our lives

4. “Give us this day our daily bread.” Depend on Him for everything. (Psalm 121:1-2 NLT)

Ask God for what you need today. Trust Him enough to hand them over to Him fully.

- Faith Life
- Family Life
- Ministry Life
- Physical Life
- Attitudinal Life
- Marriage/Dating Life
- Work/School Life
- Financial Life
- Social Life
- Emotional/Mental Life

5. “Forgive us our debts as we forgive our debtors.” Get your heart right with God and people. (1 John 1:9)

Ask God to check your heart and life and show you areas where you might need to ask for His forgiveness. Ask Him to forgive you and to help you forgive others. We can even choose to forgive people in advance!

6. “And do not lead us into temptation but deliver us from the evil one.” Engage in spiritual warfare.

(Ephesians 6:12)

Ask God to show you any lies you're believing or spiritual warfare happening in your life, expose the enemy, and help you understand and receive His truth. Simply speaking the name of Jesus has great power in the spiritual realm. The Bible tells us in James 4:7 that if we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

7. “For Yours is the Kingdom and the Power and Glory forever.” Express faith in God's ability.

(Jeremiah 32:17, Revelation 5:13)

Remind yourself of God's power and then return to praising Him and declaring your faith in Him:

- “Yours is the Kingdom” – all authority belongs to You
- “Yours is the Power” – all might flows from You
- “Yours is the Glory” – Your victory will be complete

Audio recordings at: <https://www.fontanachristianchurch.org/sunday-school-recordings/>

All scripture is from the New International Version unless otherwise noted.